

VISIT OUR
FACEBOOK EVENTS
@LEZRIDESA FOR
LOCATIONS

MARCH 26
LEZRIDE
CYCLOVIA EDITION

APRIL 8
LEZHIKE

APRIL 15
LEZRIDE

MAY 20
LEZRIDE

JUNE
LEZRIDE
CYCLE IN CINEMA
EDITION

JULY 1
LEZRIDE
RIDE WITH
PRIDE

JULY
LEZRIDE
CYCLE IN CINEMA
EDITION

LEZ RIDE M



LEZRIDES A

I'll Ride Anywhere With You

EST. 2014

2017

PROVIDING A FREE
#SAFESPACE FOR THE
LGBTQ+ COMMUNITY TO
GET FIT!

For more info, visit us @LezRideSA
or www.LezRideSA.Com

W O M E N

TUES | MARCH
YOGA W/ NOMADIK
YOGA 6-7 PM @ LA
BOTANICA

APRIL | FIESTA!

THURS | MAY
DANCE CARDIO
W/IAN CRUZ 8-9
PM @THE HEAT
KICKBALL: 5/6

TUES | JUNE
YOGA W/AMANDA
CEPEDA 6-7 PM
@A/C POWER YOGA

TUES | JULY
BODY TONING W/
ALEX GALINDO-
CANTU
7-8 @TBA

TUES | AUG
YOGA W/AMANDA
CEPEDA 6-7 PM
@A/C POWER YOGA

THURS | SEPT
BOOT CAMP
W/TERRI DIMAS
6:30-7:30
LOCAL/TBA